

# The MESSENGER

Volume 15, Issue 1

March 2010

Eagles live high on cliffs where it is very windy. All they need to do is stretch out their wings and the wind lifts them. They could stay like this all day.

We have wind that can lift, empower and make us soar. It is the Holy Spirit. Our faith, courage, and desire to serve are the wings we stretch out and under which the Spirit can come and lift us.

May we each be open to the Spirit's direction as we pray, talk, think and plan our next steps as a congregation in being faithful to God's call.

- What should we be doing next?
- What ministry needs can we fulfill?
- What is God's vision for St. Matthias' work in the next decade?

May we soar like eagles.  
Pastor Paula

## Safe Sanctuary Training

A committee of representatives from all groups/organization who deal with the youth or children of our church has been formed to draft a safe sanctuary policy.

The group will be taking training in mid-April and drafting a church-wide policy. We will be scheduling a **MANDATORY** training session this summer for anyone who works with our children. Anyone who participates in the following groups/organizations will be **required** to take the training and sign a safe sanctuary covenant; UMYF, Kids Club, Scout liaison, FredCamp, Sunday School teachers, staff, SPRC, Education, Children's Ministries, and Family Ministries.

More information will be published over the next couple of months. If you have any questions, please contact Mike Trant, Bob Dixon, or Peg Jones.

P.S. Note the word "**MANDATORY.**"

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# MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>01</b> *6:30pm Cub Scouts	<b>02</b> *7:30pm UMYF Meeting	<b>03</b> *11am Prayer *7pm Choir	<b>04</b> *7pm Trustees *7pm Al-Anon	<b>05</b>	<b>06</b>
<b>07</b> *2pm UMYF Flag Football Tournament *6pm Choir *6:30pm 24 Hours *6:30pm Cub Scouts	<b>08</b> *6:30pm Cub Scouts	<b>09</b>	<b>10</b> *10am UMW *11am Prayer *7pm Finance *7pm Choir	<b>11</b> *7pm Worship *7pm Al-Anon	<b>12</b>	<b>13</b> *6:00pm F.U.N. Group Hawaii "Lu-wow"
<b>14</b> *12pm Kid's Club *6pm Choir *6:30pm Cub Scouts *6:30pm 24 Hours *7pm UMYF Fear/Faith Factor Night	<b>15</b> *6:30pm Cub Scouts	<b>16</b>	<b>17</b> *11am Prayer *7pm Choir	<b>18</b> *7pm Admin. Council Mtg. *7pm Al-Anon	<b>19</b>	<b>20</b> Newsletter Deadline *7pm Bridge
<b>21</b> *7:30am UMM Breakfast *12pm SPRC *6pm Choir *6:30pm Cub Scouts *6:30pm 24 Hours *7pm UMYF Passion of the Cross	<b>22</b> *6:30pm Cub Scouts	<b>23</b>	<b>24</b> *11am Prayer *7pm Choir	<b>25</b> *7pm Girl Scouts *7pm Al-Anon	<b>26</b>	<b>27</b>
<b>28</b> <b>Palm Sunday</b> *3pm UMYF Easter Tellin' *6pm Choir *6:30pm 24 Hours	<b>29</b> *6:30pm Cub Scouts	<b>30</b>	<b>31</b> *11pm Prayer *7pm Choir			

## Lenten Service Schedule

### LENT

The Lent Season is the period of forty days before Easter. It is marked by somber reflection, penitence, confession and hopeful anticipation of Jesus overcoming evil and death. Some Christians deny themselves something of pleasure as a way of remembering all that Christ has given for us.

### ASH WEDNESDAY

This is the first day of Lent. It is the day we have our foreheads marked with ashes in the shape of a cross. In the Bible, the mark of the cross on the forehead is a symbol of a person's ownership. It symbolizes that the person belongs to Jesus Christ. Ashes are a biblical symbol of mourning, penance, and death that remind us of our mortality. For those unable to attend the evening service, the pastor will be available at church for an individual time of prayer and imposition of ashes at noon. The evening service will lead us into somber reflection through scripture readings, choir selections, a pastoral meditation and three stations of the Remembrance Ritual.

At Station #1 we will place our written sins into a bag to be hung on the church cross. These sins, known only to God, will be burned on Good Friday.

Station #2 will be the imposition of ashes.

Station #3 will be the receiving of a nail placed in your palm.

### PALM SUNDAY

Palm fronds will be handed out with our bulletins. Easter Tellin' enactment will be presented outside at 3pm.

### MAUNDY THURSDAY

This service will take place in the social hall seated around tables in a cross formation. By candlelight, we will learn about the Jewish Seder that Jesus celebrated at Passover with his disciples. The we will experience a First Century Christian Supper. Everyone is asked to bring typical supper finger foods of cheese slices/cubes, crackers, breads, olives, figs, apricots, dates, nuts, sliced apples/pears, luncheon meats—in small squares or on toothpicks. Tables will be set with paper plates, napkins and cups. No utensils will be used. Hymn singing, scriptures and Holy Communion will conclude the evening.

### GOOD FRIDAY TENEBRAE SERVICE

The Service of Shadows. Tenebrae, is a somber service of sorrow and mourning where we use increasing darkness to dramatize the increasing sadness of Holy Week. Candlelight is extinguished as scriptures are read, choir music is sung and the sanctuary stripped bare of all decorations.

### EASTER SUNDAY

Easter commemorates the resurrection of Jesus Christ. Bring flowers to decorate a bare cross during the service. The choir's Easter Cantata will be sung at the 11am service. Celebrate with joy that Jesus overcame evil and death. The Christian greeting for today is "He is risen." "He is risen indeed."

## St. Matthias Season of Lent Worship Schedule 2010

### Wednesday, February 17

Ash Wednesday  
7 p.m. Service of  
Remembrance

### Palm Sunday, March 28

8:45 a.m. Worship Service  
with Palms  
3:00 p.m. Easter Tellin'

### Maundy Thursday, April 1

7 p.m., Social Hall  
Seder, 1st Century  
Christian meal  
Holy Communion

### Good Friday, April 2

7:30 p.m. Tenebrae  
Service

### Easter Sunday, April 4

6:45 a.m. Sunrise Service  
outdoors by the crosses  
Breakfast afterward in  
Social Hall  
8:45 a.m. Worship  
11:00 a.m. Choir's Easter  
Cantata

# Jesus's Children

"Let the children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."  
Matthew 19:14 niv



## *Kids' Club*

All children grades 2<sup>nd</sup> through 5<sup>th</sup> are invited

Next Kid's Club meeting will be on Sunday March 14<sup>th</sup> after the eleven o'clock service. We will be making Easter Crafts and delivering them to our "older" friends. Kids need to pack the usual bag lunch and meet in social hall. Parents, we need help driving the kids to deliver their wonderful creations.

If you have any questions contact Rosa Hogue at [rosahogue@cox.net](mailto:rosahogue@cox.net) or Julie Dixon at [jrdixon11@cox.net](mailto:jrdixon11@cox.net)

*Daylight Saving Time begins March 14<sup>th</sup>  
Spring your clock forward*

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## VBS

We are getting a late start at finding volunteers for this years VBS. If you would like to help with this wonderful outreach to our children, please contact Val Wick or Erica Murray

*Dear Friends,*

*So many of you sent comforting notes to me on my mother's death that I hope you will forgive me for using this public acknowledgement.*

*As you know, especially if you have lost a loved one, as we grieve God comforts us with memories. This insures that we are truly never separated from those we love. Memories never pass away, and indeed some forgotten ones are recalled. Those cherished memories and your overwhelming caring help me to face tomorrow.  
Thank you, too, for upholding me in prayer.*

*With God's grace, your kindnesses, and our mutual prayers, we can all meet life's storms.*

*Thank you all.*

*Roy A. Werner*



FAMILY MINISTRIES & UMYF PRESENTS

## THE 2<sup>nd</sup> ANNUAL EASTER TELLIN'

Date: Palm Sunday, 28 March 2010

Time: 3:00 to 6:00 pm

Place: ST. Matthias church grounds

**COME ONE! COME ALL! COME & EXPERIENCE THE EASTER STORY** as it is portrayed by our UMYF! Join the children as they greet Jesus with palm fronds and shouts of HOSANNA as He rides in upon the donkey! The story will unfold before the children's eyes as we all follow Jesus & His disciples from the Last Supper to the Garden of Gethsemane, from His trial before Pilate to the foot of The Cross, and ultimately to the empty tomb where Jesus reveals to us all that **HE IS RISEN!**

**EVERYONE IS INVITED...**from the young to the young at heart!

### SCHEDULE OF EVENTS:

**3:00 - 4:00 The Live Easter Tellin'!**

**4:00 - 4:45 Celebration Stations!**



A "petting" area! See Spring's "newest additions" and be reminded of God's gifts of new life and new beginnings!



Easter egg decorating station!



Family relays and games!



**4:45 -5:00 EASTER EGG HUNT!**

**5:00 – 6:00 COOK OUT!**

**Please SIGN Up to share in this wonderful Easter experience of faith & fellowship! If you would like to volunteer to help please contact Dixie Davis at 371-2528 or [dldauburn87@gmail.com](mailto:dldauburn87@gmail.com).**

## Food Cards



Need Food!  
Buy Scrip!

Purchasing Food Lion or Giant Cards = \$\$\$\$ for Parsonage Loan

Do you have your Food Cards for March? Cards may be purchased during Sunday school hour in the Church office.

**Snow may have postponed our clash on the gridiron, but NOT for long!  
WE ARE READY FOR SOME FOOTBALL!!!**

3rd annual UMYF  
Flag Football Tournament!

**Come join the UMYF on the Gridiron! Action-packed!  
Fun for EVERYONE! \*\*Bring a friend!**

Where: "Werner Field" (church grounds!)  
When: 2:00 PM Sunday, 7 March 2010.



**The 2010 Werner Trophy is at stake...**

**So don't delay! Sign up today!**

Sign up via Narthex Bulletin Board, or by email to james.d.davis1@usmc.mil

The entire church family is encouraged to attend! We will need cheerleaders (of all ages!), time keepers and referees!

## MARCH AT A GLANCE

- 3/07 2:00pm FOOTBALL GAME (No regular UMYF meeting)
- 3/14 7:00pm FEAR/FAITH FACTOR NIGHT! \*\*Dress to get MESSED UP\*\*
- 3/21 7:00pm PASSION OF THE CROSS
- 3/28 3:00pm EASTER TELLIN' (No regular UMYF meeting)
- 4/04 HE IS RISEN! EASTER SUNDAY! HE IS RISEN! (No UMYF meeting)

## Save The Date

Save the date: Sunday April 25, 10:00 a.m. - 11:30 a.m.

Invite your friends and family to attend.

In observance of the national May is Mental Health Month, St. Matthias UMC is hosting a program called "In Our Own Voices," a description of the recovery process for persons who have been diagnosed with some form of mental illness. This is an excellent program and is recently available in our geographic area. Attendees can attend the 8:45 a.m. worship service and then attend the "In Our Own Voices" program. You won't want to miss this significant presentation.

# Sunday School Class News

## Your Jesus Is Too Safe:

### Outgrowing a drive-through, feel-good Savior

Using a book by Jared Wilson with this title, we will discuss the twelve chapters about Jesus as: Promise, Prophet, Forgiver, Man, Shepherd, Judge, Redeemer, King, Sacrifice, Provision, Lord, and Savior, seeking to understand the true Jesus depicted in the Bible.

Join us for the discussions over coffee and refreshments at 9:45 – 10:45 in the Social Hall each Sunday.  
New participants are always welcome!.

The Sunday School class meeting in Pastor Paula's office will begin a new study: God's Answers to Life's Difficult Questions, a book by Rick Warren. We will look at the Bible's counsel to us on "How can I cope with stress? rebound from failure? defeat depression? and have peace of mind?"

All are welcome to join our class.  
Warning: we laugh a lot and get Pastor Paula off track even more!

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## MARK YOUR CALENDAR

NEXT" SENIOR FUN" EVENT IS SCHEDULED FOR APRIL 15<sup>th</sup> TO VISIT THE THOMAS STONE HISTORICAL SITE IN PORT TOBACCO, MD WITH LUNCH AT "CASEY JONES RESTAURANT".

WATCH FOR SIGN-UP SHEET ON BULLETIN BOARD.

### **Did You Know:**

Psalm 118 is the middle chapter of the entire Bible?  
Psalm 117, before Psalm 118 is the shortest chapter in the Bible?

Psalm 119, after Psalm 118 is the longest chapter in the Bible?

The Bible has 594 chapters before Psalm 118 and 594 chapters after Psalm 118?

If you add up all the chapters except Psalm 118, you get a total of 1188 chapters.

## Summer Camp

As we plan for the summer of 2010 camp, we are excited about the continuing opportunity to reach out and help this at-risk group of children. Volunteer mentors come from churches across the conference to spend the week at camp. Mentors do not lead activities, but provide supervision, companionship and compassion to the children during their daily activities. They are the ones who assure the children they are indeed all God's children and God loves and cares about them in the midst of their struggles. After camp, mentors agree to maintain their contact with their campers by phone or letters throughout the school year. Mentors are adults ages 17 and up. It is an intense, yet extremely rewarding experience. Mentor training will be held on the Sunday morning the week of camp. Mentors should plan on arriving at 9 AM on Sunday morning and staying until 4 pm on Friday.

The dates and locations for 2010 are:

Camp Highroad in Middleburg - Sunday, August 1 to Friday, August 6  
Westview on the James in Goochland - Sunday, August 15 to Friday, August 20  
Occohannock on the Bay in Belle Haven - Sunday, August 15 to Friday, August 20

*To my St. Matthias Family:*

*Thank you so much for all the prayers and cards.*

*We are all doing fine and can't wait for summer for more then weather reasons.*

*Wish I was home in Fredericksburg.*

*I'm hoping for our next assignment to come home. Miss you all!*

*Maggie Allshouse*

## Do You Know Someone?

A middle-aged single lady either unemployed or retired who would be interested in a modest salary and free room and board in the home of an 82-year-old lady in exchange for assisting her with activities of daily living plus preparing meals for the two of you, light cleaning and laundry.

Please contact Joyce Keene at 540-373-9122.

*This Month's*



**Birthdays!**

1	Charles Doyal
3	Bryce Barnes
3	Lauren Polen
6	Judy Harford
7	Bill Bolinsky
7	Shirley Glover
7	Randell Hubbard
7	Gordon Payne
7	Justin Reichard
9	Sherry King
9	Ashley Wood-Jarrell
11	Jennifer Belako
11	Paula Zerbe
11	Patrick Zerbe
12	Barbara Doyal
13	Alex Kniffin
14	Thomas Brennan
15	Logan Hayes
18	Richard Earnhardt
19	Alexander Applebee
21	Brandon Bailey
21	Larry Wilkerson
24	Jean Goodyear
26	Jim Davis
26	Karen Main
27	Jacob Nedza
29	Benjamin Holt
30	Brain Applebee

**March  
Birthdays  
&  
Anniversaries**



2	Allen & Betty Gardner
18	Bill & Mary Lou Wade
27	Jim & Earline Haney

Please let the church office know if there are any errors or omissions with this list. We are constantly working on updating our files.

**St. Matthias United Methodist Church  
426 Deacon Road  
Fredericksburg, VA 22405**

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Newsletter Deadline  
March 20<sup>th</sup>

**St. Matthias United Methodist Church  
426 Deacon Road  
Fredericksburg, Virginia 22405  
Phone: (540) 373-8759  
Email: [office@stmatthiasumc.org](mailto:office@stmatthiasumc.org)**

Sunday School  
9:45 a.m.  
Sunday Worship Services  
8:45 and 11:00 a.m.  
Nursery Hours  
8:45 a.m. – Birth to 2 years  
Sunday School Hour – Birth to 2 years

**Nursery Volunteers Always Needed!!!!**