

Welcome, Announcements, and signing the Friendship Pads Rev. Werner  
 Passing the Peace of Christ "May the grace and peace of Christ be with you."

Prelude and Morning Chimes Carole Hall

Worship Leader 8:45 Peg Jones 11:00 Darryl Barnes

+Call to Worship Psalm 111 p. 832

+Opening Hymn "God Hath Spoken by the Prophets" p. 108

Children's Moment 8:45 Rosemary Balgavy 11:00 Linda Reichard  
 We provide a staffed nursery for infants – 5 yr. old during 8:45 worship and 11:00 am worship.  
 Children's Church is provided during the 11:00 am worship for ages 3-6.

Blessings Gathering of Prayers

Sung Prayer O Lord, hear my prayer. O Lord, hear my prayer. When I call, answer me.  
 O Lord, hear my prayer. O Lord, hear my prayer. Come and listen to me.

Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

Special Music "On Eagles' Wings" Choir

Scripture Mark 1:21-28 p. 35 N.T. Pew Bible

Sermon What would you eradicate? Rev. Werner

Prayer of Confession

O Lord Jesus Christ, you commanded us, saying: "Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength, and, you shall love your neighbor as yourself." You have loved us; forgive us when we have not loved.

**Lord, where we have yielded to temptation and sinned, have mercy.**  
**Lord, where we have turned from our neighbors in their need, have mercy.**

**Lord, where we have resisted your word in our hearts, have mercy.**

If we confess our sins, God is faithful and just and will forgive our sins.  
**Amen. Thanks be to God.**

Service of Holy Communion p. 17

The Great Thanksgiving

You may place your gifts, tithes and offerings in the plate, held by the ushers, as you come for communion. The love offering, collected in the baskets at the sides, will be used by the pastor for the emergency needs of those in our community. Thank you for helping our neighbors.

+Closing Hymn "Silence, Frenzied Unclean Spirit" p. 264 to tune Ebenezer

+Blessing with Commissioning

May God bless you with discomfort at easy answers, half truths, and superficial relationships, so that you may live deep within your heart.

**May it be so.**

May God bless you with anger at injustice, oppression and strife.

**May it be so.**

May God bless you with enough foolishness to believe that you can make a difference in this world so that you can do what others claim cannot be done.

**May it be so.**

And may the blessing of God, who creates, redeems and sanctifies be upon you and all you love and pray for this day, and forevermore.

**Lord, go with us as we live out your calling in our lives.**

+Postlude

Scripture Reading for February 8  
 Isaiah 40:21-31; Psalm 147:1-11, 20c (UMH 859);  
 1 Corinthians 9:16-23; Mark 1:29-39

### Lenten Devotions

To facilitate a deeper spiritual journey this Lent, we will be distributing a devotion booklet to the entire congregation, comprised of meditations by persons attending St. Matthias. We would be blessed by your participation.

Directions:

- Your meditation should be 100-400 words. If possible, include a Bible passage for the day's reading. You may include a 1-2 sentence prayer if there is space.
- You do NOT have to chose a particular Bible passage, nor one specifically quoted about Jesus' last days. You may use your own ideas or you may choose from the suggested "starter" ideas below:
  - one time I heard God speak or show me the way
  - a hymn or a scripture which speaks to me and why
  - how I use/d a Bible lesson to help me in my daily life
  - how journaling or my prayer life helps me grow
  - a service (Ash Wednesday, Maundy Thursday, Good Friday, Easter) that I remember or that changed my spiritual life
  - how my family celebrates this holy time and why
  - what the cross on Easter morning means to me
  - the fragrances of Easter lilies brings back memories of...

Please submit your meditation hard copy in Chris' mailbox in the hallway or email your submission to [office@stmatthiasumc.org](mailto:office@stmatthiasumc.org). **NO LATER THAN** February 22. If you have any questions, call the church office at 540/373-8759.



### Sunday, February 1

Bible Study	Rm. 10
Seekers w/ Gary	SH. A
Bible Basics	Pastor's Office
Nursery – 2	Rm. 15
3 & 4 yrs.	Rm. 6
K – 1 <sup>st</sup>	Rm. 8
2 <sup>nd</sup> – 3 <sup>rd</sup>	Rm. 18
4 <sup>th</sup> – 5 <sup>th</sup>	Rm. 17
6 <sup>th</sup> – 8 <sup>th</sup>	Rm. 16
9 <sup>th</sup> – 12 <sup>th</sup>	Rm. 4
6:30 pm	Cub Scouts
1:00 pm	UMYF Super Bowl Flag Football

### Monday, February 2

7:00 pm	Cub Scouts
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### Tuesday, February 3

6:00 pm	Girl Scouts
7:30 pm	UMYF Meeting

### Wednesday, February 4

11:00 am	Prayer Meeting
7:00 pm	Choir

### Thursday, February 5

7:00 pm	Trustees
7:00 pm	Al-Anon

### Friday, February 6

### Saturday, February 7

Happy Birthday Fran Varela!

## Upcoming Events

Feb. 1 UMYF Flag Football  
Feb. 13 Sweetheart Dinner

**Today is the UMYF Flag Football Tournament!**  
Please come out at 1pm and cheer on the teams!

Needed: Video person who can film, edit and transfer to computer for projection. Contact Rosemary at 371-1562.



### UMM Sweetheart's Dinner

February 13<sup>th</sup> at 6:30 pm.

Menu: New York Strip Steak or Breast of Chicken, baked potato, salad, green beans, roll, dessert, coffee, tea and lemonade. Cost is \$24 per couple and child care is provided. Sign up on the narthex bulletin board.

RECYCLE newspapers – our red bin collects your newspapers to earn money for our missions.

### Important Email Address Changes!!!

The church office email address is now: [office@stmatthiasumc.org](mailto:office@stmatthiasumc.org)

Pastor Paula's email address is now: [paula@stmatthiasumc.org](mailto:paula@stmatthiasumc.org)

## Mark your calendars for February 8<sup>th</sup>!

Missionaries Chuck and Betsy Jack from the Red Bird Mission, Beverly, Kentucky, will be visiting us and delivering the message to both services at St. Matthias about their witness to the people of Appalachia. We will also launch our annual School Bag project in conjunction with Scout Sunday the same day. All scouts and scouters are encouraged to wear their uniform in celebration of the 99th anniversary of the Boy Scouts of America. A reception will follow the 11AM service in the social hall.

### St. Matthias youth have started fundraising efforts for the 30 Hour Famine!

If you are interested in sponsoring a student, please see any youth or Jen for information. If you have South or Central American blankets, rugs or decorations that the UMYF can borrow for the 30 Hour Famine weekend, (2/27-28), please contact Jen at 226-7311.



The Worship Committee sincerely thanks all of you who contributed to the purchase of hymnals and pew Bibles. Because of your generosity, we will now have Bibles and hymnals at all seats in our sanctuary. Each will have a bookplate affixed to acknowledge your gift in honor or in memory of a loved one. Again, thank you for these gifts and the blessing you bring to our whole church family.

Names on this prayer list will be kept for a rolling month. If you wish the name continued or a name removed, please call the church office.

**In Mourning / The Families of:** Bruce Williams (T. Ellis), Shelby Nicholson (M.A. Holt), Randy Payne (G. Payne), Mary Gardner (A. Gardner), Hope Colvin (R. Harrell), Thomas Ford (R. Gardner)

**Recent Concerns:** Mary Harrell (B. Nash), Billy Harrell (M.A. Holt), Brenda Stone (B. Nash), Harry & Helen Ferree (D. Barnes), Mary Beth (J. Purcell), Ben (P. Jones), John Moore (D. Moore), Gladys Bennit (Jr. Posey), Francis Childress (J. Keene), Rev. Keith Mottley (M.A. Holt), Mike Sponseller, Ruth Harrell, Rusty (J. Ritter), Natalie Bard (B. Wood), David Hall (D. Moore), Richard Dixon (B. Dixon), Bobby Addison, Pearl Allison (D. Little), Bobbie Jeverna Haynes, Anne Nichols (L. Bailey), Joann Shoas (S. Lear), Novis Pearson (J. Harford), Wes Fox (D. Davis)

**Away from Home:** Tom Morgan, Jeff McClure, Brandon Sobotta (E. Russett)

**Continuing Needs:** John Blum (M.A. Morgan), Don Adair (M. Holt), Jim & Hallie Loftice, Tony Kelso (E. Murray), Gladys Talley, Julia & Family (K. Smith), Mark Wilson (B. Wood), Mark & Patty Payne, Randy (D. Moore), Guy Gesswein, Ruth Harrell, Barbara Jent, Sloan Hunter (M. L. Pitzer), Glenn Christenson (E. Penn)



## Saint Matthias United Methodist Church

### Welcome

Welcome to the family of Saint Matthias United Methodist Church! We pray that you will be blessed during today's Worship Service. If you are visiting from out of town, we're glad to have you. If you are looking for a church home, we invite you to consider us. If you are a regular member of our church family, welcome home!

### Nursery and Children's Sunday School

We provide a staffed nursery for infants - 5 yr. olds during 8:45 worship and 11:00 a.m. worship. Children's Church is provided during the 11:00 a.m. worship for ages 3-6. Nursery is provided during Sunday school hour 9:45 - 10:45 for infants -- 2 years. Sunday school classes are provided from ages 3 - grade 12.

### Assisted Listening

If you sometimes have difficulty hearing during the worship service, consider trying our assisted listening system (amplified earphones and telecoil loops). You may find these in the basket on the shelf at the sanctuary door.

**Large Print Bulletins- Available by request to an Usher.**

### Here to Serve Christ and You:

<i>Congregation</i>	<i>All are Ministers</i>
<i>Pastor</i>	<i>Rev. Paula P. Werner</i>
<i>Director of Youth Ministries</i>	<i>Jen Brennan</i>
<i>Nursery Provider</i>	<i>Judy Purinton</i>
<i>Choir Director/Accompanist</i>	<i>Carole Hall</i>
<i>Custodian</i>	<i>Greg Anderson</i>
<i>Administrative Assistant</i>	<i>Chris Embrey</i>
<i>District Superintendent</i>	<i>Rev. Mark Ogren</i>
<i>Resident Bishop</i>	<i>Rev. Charlene Kammerer</i>

426 Deacon Road, Fredericksburg, VA 22405  
Office Hours: Monday-Friday, 9:00 AM-1:00 PM  
Email: [office@stmatthiasumc.org](mailto:office@stmatthiasumc.org)

(540) 373-8759  
Fax: (540) 373-8790  
Web site: [www.stmatthiasumc.org](http://www.stmatthiasumc.org)

Attendance: **January 25, 2009**

Sunday School: 59

Worship: 153

Assisted Living: 38

Finance **Weekly Need: \$5,287.70**

**Last Sunday: \$3,645.00**